



**ASSUMPTION OF RISK, LIABILITY WAIVER
AND PARTICIPATION FORM**

With lawsuits being filed in increasing numbers, our insurance company, Guide One, wishes us to write out some things of which we are all aware concerning the potentially hazardous nature of sports, so that you may make an informed decision as to your child's/children's participation in athletics.

BASKETBALL

With its running, jumping, and twisting nature, basketball is a game which allows for serious injury. The most common basketball injuries involve the ankles and knees which are often twisted, strained, sprained, or wrenched. Knee injuries may also involve torn ligaments, cartilage, or tendons. Eye injuries remain a possibility as well with hands and fingers occasionally being poked. On rare occasion neck and back damage and even death can occur as a result of a particularly severe fall.

VOLLEYBALL

Though less inherently dangerous than basketball, due to the limited contact, volleyball still offers the potential for serious injury. With its jumping, twisting, and diving nature, volleyball may involve injury to the ankles and knees. Torn ligaments, cartilage, and tendons are all possibilities. Finger & eye damage are also possible when players are going after a ball or playing the net. Though admittedly rare, neck and back injuries remain a possibility as is death from a severe injury suffered during play.

DRIVING TO AND FROM PRACTICES AND GAMES

As to the nature of our school, student and parent drivers are used to transport athletes to and from practices and games. Understanding the risk for injury and the transportation structure, I (we) accept full responsibility for the safety of our child/children and hereby hold Oakhill Christian School, the staff, drivers, and coaches harmless from all liability in the event of an injury to any child. I (we) further assume the risk associated with having my (our) children engaged in this sport activity.

DRIVING PRACTICES AT COACHES DISCRETION

I grant permission for my child/children to leave practice, at the coach's discretion in order to retrieve equipment or essentials.

Signed: _____ Date: _____

Print: _____